

# TELMATE SELF-IMPROVEMENT

Telmate's suite of self-improvement resources provides inmates the opportunity to leave custody with new, positive life skills.

Telmate increases the likelihood that inmates will be engaged in productive activities during their incarceration by offering both a platform and the resources for positive change. Activities that engage inmates' minds help to reduce violent incidents and, for those who are motivated, provide an opportunity for intellectual, emotional and spiritual growth. Telmate's self-improvement resources can provide the boost to help inmates get out and stay out.

Telmate's self-improvement resources include:

- 

**Job & Professional Training**
- 

**GED Preparation**
- 

**Life Skills Training**
- 

**Distance Learning**
- 

**Addiction Counseling**
- 

**Language Skills**
- 

**Spiritual Guidance**
- 

**Library of eBooks**

**Telmate offers inmates the self improvement resources to both get out and stay out.**



## Helping to End a Cycle of Recidivism

Studies have shown that released inmates who have been crime-free for six years have about the same chance of reoffending as those who have never offended in the first place. Almost all inmates are, at some point, released and anything that helps keeps those who are released from re-offending increases public safety and reduces the burden on taxpayers. Telmate's suite of self-improvement resources are aimed at providing opportunities to help break the recidivism cycle.

## Increase Employment Opportunities After Release

Unemployment is a strong contributing factor to recidivism, and Telmate's resources help inmates learn valuable skills to create opportunity. Training is available on basic skills such as learning how to read and write, to more advanced such as writing a resume or learning computer software skills. Telmate even offers life skills training such as why pay day loans come at a very high cost, and continuing education such as GED preparation and certificate courses.

## Intellectual Rehabilitation

Spiritual guidance and addiction counseling resources help inmates to find a path that will help guide their lives when they are no longer behind bars. This includes the ability to connect via video with counselors, spend more time communicating face-to-face with their support network of friends and family, or discovering a spiritual path that will help chart a positive direction.

## Discovering Reading

Reading, whether it is a book or the news, can help an inmate improve his spelling and grammar, increase vocabulary, and expand his experiences.



“Those who cannot change their minds cannot change anything.”

- Ralph Waldo Emerson  
*American essayist, lecturer, and poet*

## Why Telmate?

### The Industry's Best Service and Support

We offer the industry's best customer service with live US-based, bi-lingual 24/7 toll-free support, in-house repair technicians, 24 hour circuit monitoring and two hour, on-site response time.

### Increase Usage and Operating Efficiencies

Our range of communications products, automated admin tasks and deposit options drive increased system usage and unsurpassed operating efficiencies.

### Innovative Technology

Our system is the most robust, full featured, and secure inmate communications platform available featuring deposit and account management, phone, video visits, social media, investigation tools, mobile access and full integration with commissary and JMS systems.

### Unified Software Platform

Telmate's fully integrated software and hardware ecosystem has been designed and built by our engineers to meet the unique needs of the corrections industry.

Telmate is one of the fastest growing inmate communications systems in North America currently providing service to hundreds of correctional facilities in nearly every U.S. State and two Canadian Provinces. From city and county jails to federal facilities, Telmate serves populations of all sizes—many exceeding 1,000 beds.

UPGRADE your inmate communications system to Telmate.  
sales@telmate.com | 1.855.TELMATE (835.6283)

